

# I'll Be Alright

**Count:** 64      **Wall:** 4      **Level:** Intermediate

**Choreographer:** Maggie Gallagher (March 2016)

**Music:** I'll Be Alright by Beckah Shae (Track length 3:25) (Amazon.co.uk )

---

## Intro: 16 counts (6 secs)

### **S1: SIDE, HOLD, BALL SIDE, ROCK BACK, CHASSE L**

- 1-2              Step right to right side, HOLD
- &3              Step left next to right, Step right to right side
- 4-5              Cross rock back on left, Recover on right
- 6&7              Step left to left side, Step right next to left, Step left to left side

### **S2: ROCK BACK, KICK, STEP, HITCH, JAZZ BOX CROSS**

- 8-1              Cross rock back on right, Recover on left
- 2-3              On slight right diagonal kick right forward, Step on right
- 4-5              Hitch left across right, Cross left over right
- 6-7-8              Step back on right, Step left to left side, Cross right over left

### **S3: ¼, ½, POINT, HOLD, & POINT, HOLD, & SIDE, TOUCH**

- 1-2              ¼ right stepping back on left, ½ right stepping on right [9:00]
- 3-4              Point left to left side, HOLD
- &5-6              Step left next to right, Point right to right side, HOLD
- &7-8              Step right next to left, Step left to left side, Touch right next to left

### **S4: HITCH, BACK BUMP, BUMP, BUMP, STEP, STEP, ½ PIVOT, BRUSH**

- 1-2              Hitch right knee up, Step back on right bumping hips back on right
- 3-4              Bump hips forward on left, Bump hips back on right
- 5-6              Step forward on left Step forward on right
- 7-8              ½ pivot left, Right toe brush [3:00] \* Restart Walls 2&5

### **S5: CHASSE R, ROCK BACK, CHASSE L, ROCK BACK**

- 1&2              Step right to right side, Step left next to right, Step right to right side
- 3-4              Rock back on left, Recover on right
- 5&6              Step left to left side, Step right next to left, Step left to left side
- 7-8              Rock back on right, Recover on left

### **S6: HIP ROLL, HIP ROLL, CROSS, ¼, BACK, POINT**

- 1-2              Step forward on right, left rolling hips round to left (weight ends on left)
- 3-4              Step forward on right, left rolling hips round to left (weight ends on left) [12:00]
- 5-6              Cross right over left, ¼ right stepping back on left
- 7-8              Walk back on right, Point left toe back on slight diagonal

### **S7: WALK, ½ L, ½ L, WALK, STEP, TOUCH, ROCK, ROCK**

- 1-2              Walk forward on left, ½ left stepping back on right

- 3-4                ½ left stepping forward left, Walk forward on right [3:00]  
5-6                Step forward on left on slight left diagonal, Touch right next to left  
7-8                Rock weight on to right, Rock weight on to left (Note: these are not side rocks)

**S8: CROSS, HOLD, BALL CROSS, SIDE ROCK, HEEL GRIND, SIDE, CROSS**

- 1-2                Cross right over left, HOLD  
&3                Step left to left side, Cross right over left  
4-5                Rock left to left side, Recover on right  
6-7-8            Left heel grind over right, Step right to right side, Cross left over right [3:00]

**RESTARTS: \*Walls 2 & 5 after 32 counts**

**TAG: 8 count tag after Wall 3 [9:00]**

**R SIDE, HOLD, BALL SIDE, TOUCH, L SIDE, HOLD, BALL SIDE, TOUCH**

- 1-2                Step right to right side, HOLD  
&3-4            Step left next to right, Step right to right side, Touch left next to right  
5-6                Step left to left side, HOLD  
&7-8            Step right next to left, Step left to left side, Touch right next to left

**Thank You To Margaret Hains For Suggesting The Music**