STEPPIN'OFF



THEPage



Approved by:

Julia Wetzel

Ring My Bells

2 WALL – 48 COUNTS – INTERMEDIATE			
STEPS	Actual Footwork	Calling Suggestion	DIRECTION
Section 1 1 - 4 5 - 6 7 - 8	Side, Hold, Back Rock, 1/4 Turn, Hold, Back Rock Step right to right side. Hold. Rock left back behind right. Recover onto right. Turn 1/4 right stepping left to left side. Hold. (3:00) Rock right back behind left. Recover onto left.	Side Hold Rock Back Quarter Hold Rock Back	On the spot Turning right On the spot
Section 2 1 2 3 - 4 5 - 6 & 7 - 8	Side, Drag 1/4 Turn, Step, 1/2 Turn, Back, Touch & Walk Walk Step right to side. Drag left up to right turning 1/4 right on right, touching left beside right. (6:00) Step left forward. Turn 1/2 left stepping right back. (12:00) Step left back. Touch right toe in front of left. Step ball of right beside left. Step left forward. Step right forward. (12:00)	Side Quarter Step Half Back Touch & Walk Walk	On the spot Turning right Turning left On the spot Forward
Section 3 1 - 2 3 - 4 5 - 6 7 - 8	Step 3/4 Spiral, Back Rock, Side 3/4 Spiral, Walk Walk Step left forward. On left spiral 3/4 turn right sweeping right from front to back. Rock right back behind left. Recover onto left. (9:00) Step right to side. On right spiral 3/4 turn left draping left in front of right. (12:00) Step left forward. Step right forward.	Step Spiral Rock Back Side Spiral Walk Walk	Turning right On the spot Turning left Forward
Section 4 1 - 4 5 - 6 & 7 8 & 1	Step, Hold, Step Pivot 1/2, 1/4 Turn, Hold, Ball Side, Cross & 1/8 Together Step left forward. Hold. Step right forward. Pivot 1/2 turn left. (6:00) Turn 1/4 left stepping right to right side. Hold. (3:00) Step ball of left beside right. Step right to right side. Cross left over right. Step right to side. Turn 1/8 left stepping left beside right. (1:30)	Step Hold Step Pivot Quarter Hold & Side Cross & Together	Turning left Right Angling left
Section 5 2 & 3 4 - 5 6 7 - 8	Cross, 1/8 Side, 1/8 Together, Cross, 3/8 Turn, 1/2 Turn, Step, Touch Cross right over left. Turn 1/8 right stepping left to side. (3:00) Turn 1/8 right stepping right beside left. (4:30) Cross left over right. Turn 3/8 left stepping right back. (12:00) Turn 1/2 left stepping left forward. (6:00) Step right forward. Touch left beside right.	Cross & Together Cross Turn Half Step Touch	Angling right Turning left Forward
Section 6 1 & 2 3 & 4 5 – 7 Bridge 8	Left Mambo, Right Mambo, Step, Step Pivot 1/2, 1/2 Turn Rock left to left side. Recover onto right. Step left beside right. Rock right to right side. Recover onto left. Step right beside left. Step left forward. Step right forward. Pivot 1/2 turn left. (12:00) Wall 4: Step right forward and dance 15-count bridge at this point. Turn 1/2 left on left and touch right beside left. (6:00)	Left Mambo Right Mambo Step Step Pivot Half	On the spot Turning left
Bridge Note 1 & 2, 3 & 4 5 - 8 1 & 2, 3 & 4 5 - 7	Wall 4: Mambo x 2, Step, Step Pivot 1/2, Step (x 2) The Bridge is basically a repeat of counts 41-47, twice. Left mambo. Right mambo. (6:00) Step left forward. Step right forward. Pivot 1/2 turn left. Step right forward. (12:00) Left mambo. Right mambo. Step left forward. Step right forward. Pivot 1/2 turn left. (6:00) Continue with count 48 of Wall 4 (1/2 turn left) then begin Wall 5 facing 12:00.	Mambo Left, Right Step Step Pivot Step Mambo Left, Right Step Step Pivot	On the spot Turning left On the spot Turning left
Ending	Wall 8: Dance to count 12 (1/2 turn left, facing 6:00), then Make 1/2 turn left stepping left forward to face front.		

Choreographed by: Julia Wetzel (US) May 2014

Choreographed to: 'Ring My Bells' by Enrique Iglesias from CD Insomniac; download available from amazon or iTunes (32 count intro from start of vocals, approx 41 secs, or 18 secs for short intro version)

Bridge: One Bridge danced during Wall 4



A video clip of this dance is available at www.linedancermagazine.com