

INTERMEDIATE

3rd - 5th
February 2006
Norbreck Castle Hotel
Blackpool

Life On Mars

Script
approved by



STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1	Step, Touch, Back x 3, 1/2 Turn, Side, Cross, Rock, Side Cross		
1 - 3	Step forward right. Touch left beside right. Step back long step on left.	Step Touch Back	Back
4 &	Step back right. Step back left.	Back Back	
5	Make 1/2 turn right on ball of left stepping forward on right.	Turn	Turning right
6 - 7	Step left to left side. Cross rock right over left.	Side Cross	Left
8 & 1	Recover onto left. Step right to right side. Cross rock left over right.	Rock & Cross	Right
Section 2	3/4 Turn Right, Step, Right Coaster Step, Side, Sailor Step		
2 - 3	Turn 3/4 right stepping onto right. Step forward left. (Facing 3 o'clock)	Turn Step	Turning right
4 & 5	Step back on right. Step left beside right. Step forward right.	Coaster Step	On the spot
6	Step left to left side.	Side	Left
7 & 8	Sweep right behind left. Step left to left side. Step right to place.	Sailor Step	On the spot
Section 3	Side, Together, Cross, Side, Modified Sailor 1/2, Step, 1/2, Sweep 1/4		
1 - 2	Step left to left side. Step right beside left.	Side Together	Left
& 3	Cross left over right. Step right to side.	& Side	Right
4	Sweep left from front to back turning 1/2 left stepping left behind right.	Sweep	Turning left
(Restart)	Wall 4: restart here at counts 7 & 8, section 2. Sweep as ordinary sweep 1/2 turn.		
& 5	Step right to right side. Step forward left.	& Step	Forward
6 & 7	Step forward right. Turn 1/2 left on left. Step forward right	Step Turn Step	Turning left
8	Sweep left forward turning 1/4 right. Option: Full turn and 1/4 turn right.	Turn	Turning right
Section 4	Cross, Back Lock, Modified Sailor 1/4, Step, Sway x 2, Together, Step		
1	Cross left over right.	Cross	Right
2 & 3	Step back on right. Lock left across right. Step back on right.	Back Lock Back	Back
4 & 5	Sweep left behind right. Turn 1/4 left stepping right to side. Step left to place.	Sailor Turn	Turning left
6 - 7	Sway to right shifting weight to right. Sway to left shifting weight to left.	Sway Sway	On the spot
8 &	Step right beside left. Step left forward.	Step &	
Ending:-			
1	Danced on 6th wall, during section 1, on count 7 (facing 3 o'clock): Turn to angle body towards front wall and hold (or do your own big finish!)		

4 Wall Line Dance:- 32 Counts. Intermediate.

Choreographed by:- Ingemar Kardeskog (Sweden) December 2005.

Choreographed to:- 'Life On Mars?' by David Bowie (62 bpm) from Best of David Bowie 1969/1974 Album (32 count intro from "It's a god-awful ...", on lyrics "But the film is a saddening bore" - 37 seconds from beginning)

Music Suggestion:- 'A Whiter Shade of Pale' by Sarah Brightman (74 bpm) from The Very Best Of 1990-2001.
30 second intro - start on vocals. No restarts.

Restart:- When using Life On Mars track there is one restart, on 4th wall, after count 4 in section 3.
Begin again from counts 7 & 8 in section 2 (last 2 counts in section 2) and dance through to end of dance.