

Steppin' off the Page

Script approved by

Roy Verdonk

Mustang Sally



Roy Verdonk

INTERMEDIATE

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1	Walk Forward, Anchor Step, Sweeps Back, 1/4 Turn Left, Coaster.		
1 - 2	Step forward right. Step forward left.	Right Left	Forward
3 & 4	Step right behind left. Step left in place. Step right in place.	Triple Step	On the spot
5 - 6	Sweep left out and around to step back. Sweep right out and around to step back.	Sweep Sweep	Back
& 7	Sweep left out and around making 1/4 turn left. Step back on left	& Turn	Turning left
& 8	Close right beside left. Step forward onto left.	Coaster	On the spot
Section 2	Diagonal Steps and Touch, Right then Left (shimmy while you step).		
1 - 2	Step right diagonally forward right. Step left beside right.	Right Together	Forward
3 - 4	Step right diagonally forward right. Touch left beside right.	Step Touch	
5 - 6	Step left diagonally forward left. Step right beside left.	Left Together	Forward
7 - 8	Step left diagonally forward left. Touch right beside left.	Step Touch	
Section 3	Jump Out & Cross, Unwind 1/2 Turn, Walks Forward, Sailor 1/2 Turn.		
& 1 & 2	Step feet apart - Right, Left. Step left in. Cross right over left.	& Out & Cross	On the spot
3 - 4	On balls of feet unwind 1/2 turn left, weight ends on left.	Unwind Left	Turning left
5 - 6	Step forward right. Step forward left.	Right Left	Forward
7	Cross right behind left making 1/4 turn right.	Turn	Turning right
& 8	Make further 1/4 turn right stepping left to left side. Step forward right.	Turn Step	
Section 4	Walks Forward (optional knee rolls), Jump Out, Heel Bounce x 3.		
1 - 2	Step forward left. Step forward right.	Left Right	Forward
3 - 4	Step forward left Step forward right.	Left Right	
& 5	Step left out to left. Step right out to right.	& Out	On the spot
6 - 8	Bounce both heels three times. (Weight ends on left)	Heels Heels Heels	

LINEDANCER
MUSIC

Music track available on the Crystal Boot Award Workshop CD 2005.
11 tracks produced by Tiny Dancer Records. See page 45 for details or call 01704 392300.
Also available for download from www.linedancermagazine.com



4 Wall Line Dance:- 32 Counts. Intermediate.

Choreographed by:- Roy Verdonk (Holland) and Mattias Perkio (Sweden).

Choreographed to:- 'Mustang Sally' (114bpm) by The Commitments from 'The Commitments Soundtrack' CD, start on vocals.