



Approved by:

K. Sala x

Plan B

4 WALL – 64 COUNTS – INTERMEDIATE

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1 1 – 4 5 – 6 7 – 8	Walk Forward, Hold, Walk Forward, Hold, Forward Rock, Back, Together Step right forward. Hold. Step left forward. Hold. Rock forward on right. Recover onto left. Step right back. Step left beside right.	Right Hold Left Hold Forward Rock Back Together	Forward On the spot Back
Section 2 1 – 2 3 – 5 6 – 8	Cross, Sweep, Cross, Side Rock, Behind, Side Rock Cross right over left. Sweep left round to left from back to front. Cross left over right. Rock right out to right side. Recover onto left. Cross right behind left. Rock left out to left side. Recover onto right.	Cross Sweep Cross Side Rock Behind Side Rock	Left Right Left
Section 3 1 – 2 3 – 4 5 – 8	Behind, Sweep, Behind, Side, Cross, Side, Cross, Hold Cross left behind right. Sweep right round to right from front to back. Cross right behind left. Step left to left side. Cross right over left. Step left to left side. Cross right over left. Hold.	Behind Sweep Behind Side Cross Side Cross Hold	Right Left
Section 4 1 – 2 3 – 4 5 – 6 7 – 8	Side, Together With 1/4, Step, Hold, Full Turn, Side, Hold Step left to side. Make 1/4 turn right stepping right beside left. Step left forward. Hold. Make 1/2 turn left stepping right back. Make 1/2 turn left stepping left forward. Step right to right side. Hold.	Side Turn Step Hold Full Turn Side Hold	Turning right Forward Turning left Right
Section 5 1 – 2 3 – 4 5 – 6 7 – 8	Weave, Together, Swivel Heels, Toes, Kick, Side Cross left behind right. Step right to right side. Cross left over right. Step right beside left. Swivel both heels to right. Swivel both toes to right. Kick left across right. Step left to left side.	Behind Side Cross Together Heels Toes Kick Side	Right On the spot
Section 6 1 – 2 & 3 4 – 6 7 – 8	Behind, Hold, Ball Cross, Side, Kick, Kick, Touch, Kick Cross right behind left. Hold. Step ball of left to left side. Cross right over left. Step left to left side. Kick right across left. Kick right out to right side. Touch right toe back. Kick right forward.	Behind Hold Ball Cross Side Kick Kick Touch Kick	Left On the spot
Section 7 1 – 4 5 – 8	Slow Coaster Step, Hold, Step, Pivot 1/2, Step, Pivot 1/2 Step right back. Step left beside right. Step right forward. Hold. Step left forward. Pivot 1/2 turn right. Step left forward. Pivot 1/2 turn right.	Coaster Step Hold Step Pivot Step Pivot	On the spot Turning right
Section 8 1 – 2 3 – 4 5 – 6 7 – 8	Cross Rock, Side, Drag, Behind Rock, Side, Together Cross rock left over right. Recover onto right. Step left long step to left. Drag right towards left. Cross rock right behind left. Recover onto left. Step right long step to right. Step left in beside right.	Cross Rock Side Drag Back Rock Side Together	On the spot Left On the spot Right
Tag 1 1 – 4 5 – 8 1 – 4 5 – 8	End of Wall 1 (facing 3:00): 16 counts Rock right forward. Recover onto left. Rock right to right side. Recover onto left. Rock right back. Recover onto left. Step right forward. Hold. Rock left forward. Recover onto right. Rock left to left side. Recover onto right. Rock left back. Recover onto right. Step left forward. Hold.	Right Rock Side Rock Back Rock Step Hold Left Rock Side Rock Back Rock Step Hold	On the spot Forward On the spot Forward
Tag 2 1 – 2 3 – 8	End of Wall 5 (facing 3:00) 24 counts. Dance Tag 1 plus: Step right forward. Pivot 1/4 turn left. Repeat counts 1 - 2 three more times to complete full turn left. (3:00)	Step Quarter Step Quarter	Turning left

Choreographed by: Kate Sala (UK) and Rob Fowler (Spain) May 2010

Choreographed to: 'She Said' by Plan B (132 bpm) from CD The Defamation of Strickland Banks; also available as download from amazon.co.uk or iTunes (32 count intro - start on vocals)

Tags: Two Tags: Tag 1 after Wall 1 and Tag 2 after Wall 5



A video clip of this
dance is available at
www.linedancermagazine.com